

OSU CARDIOVASCULAR MEDICINE



LOVE YOUR HEART

Heart Health Screenings in February at OSU Cardiovascular Medicine

Screening Tests Can Save Lives and Prevent Heart Attacks

These tests are fast, accurate and painless. No physician referral required. Open to the general public. We will send your results to your primary care physician.

Are you:

- A male older than 45 or a female older than 55?
- A smoker?
- On blood pressure medicine?
- Someone with close relatives who have a history of heart attack, bypass, stroke or balloon angioplasty?
- Diabetic?
- Someone with elevated cholesterol levels?

If you answered "yes" to two or more questions, you may be at risk for heart attack or stroke. Please consider the series of cardiovascular screenings offered by OSU Medicine.



MEDICINE

To schedule your screening, please call **918-582-7711**

802 S. Jackson Ave., Suite 225, Tulsa, OK 74127 | osumedicine.com

OSU CARDIOVASCULAR MEDICINE

Many people experience no symptoms before having a heart attack or stroke.*

A series of simple screening tests by trained experts in cardiovascular disease can identify problems before symptoms arise, preventing future cardiovascular issues.

These low-cost tests are simple and fast. Schedule screenings 1-3 and receive a \$20 discount!

1. CAROTID ARTERY EVALUATION

15 minutes, \$40

Strokes rank third among all causes of death behind heart disease and cancer. To assess your risk, an ultrasound probe is placed on your neck to screen for blockages in your carotid arteries which supply blood to the brain. This is also a marker of heart attack risk.

2. CARDIAC FUNCTION EVALUATION

15 minutes, \$40

To analyze cardiac function and calculate your Ejection Fraction (the amount of blood your heart is able to pump), an ultrasound probe will be positioned at various locations on your chest.

3. ABDOMINAL AORTA EVALUATION

15 minutes, \$40

Most abdominal aneurysms are asymptomatic. They're the tenth leading cause of death in males over 55. To screen for aneurysm, an ultrasound probe is used to analyze your abdominal aorta.

4. ANKLE/BRACHIAL INDEX

15 minutes, \$40

Blood pressures are obtained from your legs and arms to screen for peripheral artery disease. It not only assesses circulation to the legs, but also is a marker of heart attack risk.

4. CARDIAC CALCIUM SCORING

15 minutes, \$99

Coronary plaque can build up for years without you even knowing. If left untreated it can cause blockages and lead to heart attack. The test measures the calcified plaque in the coronaries and is an indirect measure of the total amount of plaque in the coronaries. A multi-slice CT scanner takes a series of pictures of your heart in just a few seconds.

*American Heart Association



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