A PATIENT'S GUIDE TO MYHEALTH

WE ARE USING INFORMATION TECHNOLOGY TO HELP YOU

As our Oklahoma State University Physicians Clinics keeps pace with advancements in health care, we have a growing need to safely and, efficiently use computers to electronically share your health information with the team of health professionals who provide care to you.

Currently, when we need to share your health information with other health providers the process is difficult and usually means numerous phone calls, mailings and faxes. And, when we need to gather information from one of your other providers it can take hours or even weeks and sometimes the information is not available at all. Technology can help us do better.

MEET OUR NEW PARTNER, - MYHEALTH ACCESS NETWORK.

MyHealth Access Network (MyHealth) is a non-profit coalition of Oklahoma health providers, including doctors, hospitals, labs, pharmacies, emergency services, and other health industry

professionals, who are using technology to link medical providers, exchange timely information and improve the delivery of local health care. MyHealth allows us to deliver the right information to the right doctor, at the right time, to help care for you.

FREQUENTLY ASKED QUESTIONS

Although MyHealth is designed to be used by health care professionals, it provides many important benefits and choices for you. We've attempted to answer the most common questions here:

WHO CAN ACCESS MY INFORMATION?

Only the health industry professionals involved in your care (and their approved staff members) that belong to the MyHealth network can access your information, and only as their jobs require it.

WHAT ARE SOME EXAMPLES OF HOW MyHealth HELPS ME?

Time is important when addressing your health needs. Some examples of when and how your personal health information is used to help you include:

- When you see a medical specialist, your doctor and the specialist need to share your information to help coordinate effective care. The quicker this happens, the quicker you receive the care you need.

- In a medical emergency such as a car accident, ambulance and emergency room doctors can have access to important health information that might save your life or that of a loved one; like a medication list, drug and food allergies, presence of a pacemaker, etc.

- If you manage care for yourself, a child, parent, etc., then you know the challenges of keeping up with medication lists, procedures, allergies, and vaccinations. MyHealth can help make these available in the doctor's office.

HOW DOES MY INFORMATION STAY SECURE?

We take your privacy very seriously, and information shared through MyHealth is protected with the highest forms of security, including encryption and secured connections. We know that patients must trust their information is safe. MyHealth complies with all State and Federal laws (like HIPAA) to protect your information.

DO I NEED TO SIGN UP FOR THIS SERVICE?

No. Because (Name of ORGANIZATION) is a participating MyHealth partner you are included in the network. You may opt out if you wish (see how below).

CAN I CHOOSE NOT TO PARTICIPATE IN MYHEALTH?

Yes, you can choose to not participate in, or 'opt out' of MyHealth at any time. Choosing to opt out generally means that your doctors will not be able to use the MyHealth network to electronically access your health information. You can opt out of MyHealth by:

1. Obtaining an *Opt Out of MyHealth Form* from our front desk clerk, or by downloading the form from www.myhealthaccess.net/opt-out
2. Complete the form (please wait to sign it in front of our desk clerk)
3. Bring the form to our front desk clerk and sign it with our clerk as a witness. We will send it to MyHealth for you. OR you may sign your form with a Notary Public as a witness and mail it to the address provided on the form.

You can always return to MyHealth by completing the *Return to MyHealth Form* which is also available from our front desk clerk, or online at www.myhealthaccess.net/opt-in

Who Is MyHealth Access Network?

MyHealth is a Oklahoma non-profit organization created by patients, doctors, hospitals, emergency responders, insurance plans, and other organizations providing health care to Oklahomans. To learn more about MyHealth, visit www.myhealthaccess.net.

WHO DO I CONTACT FOR MORE INFORMATION OR SUPPORT?

If you would like more information about MyHealth, please visit: www.myhealthaccess.net or call 918-236-3451.