

OSU SCHOOL-BASED VIRTUAL CARE



Virtual Quick Care: Providing basic medical care visits in your child's school

What is Virtual Quick Care?

Virtual Quick Care offers your child convenient virtual medical care for basic non-life-threatening conditions right from school. With a licensed medical provider on staff, your child can be diagnosed and prescribed medication if needed. Although Virtual Quick Care is limited and cannot provide lab testing or imaging, it can be a valuable resource for accessing care in rural areas and triaging more serious conditions.

Common complaints that can be treated:

- Allergy, cold and flu symptoms
- Insect bites, rashes, skin issues
- Earache/ear and eye infections
- Nausea, vomiting, abdominal pain, diarrhea
- Mild to moderate fevers

Virtual CARE Clinic: School-based behavioral health therapy

OSU Virtual Counseling Access and Resilience Education (CARE) offers virtual behavioral health services to students. CARE gives children access to licensed mental health professionals who work with the child, family, and school staff to develop a treatment plan that teaches effective behavior strategies, treats mental health concerns, and builds resilience.

Virtual CARE Services

Virtual CARE Services help students address mental and behavioral health concerns through treatment, education, and crisis intervention. We also assist families and educators with prevention and intervention strategies. While not a mental health emergency service, Virtual CARE can help reduce ER visits for mental health issues.

Benefits for Students, Families and Schools

- Convenient and safe environment; appointments at no cost
- Improved behaviors, mental health and coping skills
- Collaboration between family, school and therapist
- Addresses issues affecting academic success and disruptions
- Less class time lost due to external appointments



Learn more at osumedicine.com

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Virtual CARE is not a mental health emergency service and anyone experiencing a mental health emergency should call 988. <https://988oklahoma.com/>